THEY LOVE IT (AND THEY LIVE IT)

THE PARTY NEVER ENDS FOR ICONA POP. PAGE 16

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State kids not ready for college

Remedial classes. Massachusetts education officials reveal that nearly half of public high school graduates are not fully prepared for college-level courses. **Pupil plan.** To prevent students from ending up in non-credit developmental courses, new college and career-ready standards may be on the way. PAGE 04

Man dies in Faneuil Hall restaurant

PAGE 02

'Two Guvnors' serves up the laughs

PAGE 10

Flying on a wing and a prayer

PAGE 02

Pat Avery, Anne Nelson and Gregg McEachern are hoping their hang-gliding treadmill creation will take flight in the Red Bull Flugtag challenge in Washington, D.C. / COURTNEY SACCO, METRO

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1 NEWS

Anne Nelson, Pat Avery and Greg McEachern work on City Sports' contest entry for the Red Bull Flugtag challenge in Washington, D.C. / COURTNEY SACCO, METRO

Boston team heads up, up and away

Red Bull Flugtag. It's a bird, it's a plane, it's a (hopefully) flying treadmill!

A crew from City Sports hopes to fly a homemade aircraft made out of a treadmill replica and an oversized T-shirt to represent Boston in Red Bull's annual Flugtag competition.

Teams from around the nation compete each year by creating makeshift "flying" machines out of various odds and ends and getting them airborne. Celebrity judges rate flights based on distance, creativity of craft and showmanship. The winning team will get an outing to skydive 15,000 feet with expert free-flyers.

Newton Corner resident Greg Zuckerman, 27, will pilot the treadmill, which is supported by a giant City Sports T-shirt, over water as it is launched from a 30-foot ramp.

"It's always been one of my ... dreams to participate in Flugtag," said Zuckerman, who, metaphorically, got the project off the ground in May.

Flugtag began in 1992 in Vienna, Austria. A decade later, it landed in San Francisco, attracting 25,000 spectators. On Saturday, for the first time ever, competitions will be held simultaneously in five U.S. locations — D.C., Miami, Dallas/Fort Worth, Long Beach and Chicago.

Zuckerman and his teammates have been working on the vessel in lead designer Greg McEachern's Watertown garage since July. The concept for the contraption was inspired by a favorite City Sports pastime — running.

"Initially we thought of a giant shoe with wings, but as we continued to talk, we asked ourselves, what is City Sports' most iconic item? It's probably the T-shirt. It's pretty recognizable," said Zuckerman.

"We're moving through a few fine-tuned details, focusing on the actual hang glider part. Now it's more cosmetic," McEachern said Monday. "But it's crunch time now."

The team planned to set off for Washington, D.C., today.

Even if the contraption manages to stay airborne, does it have a chance of winning?

"I don't know," said Zuckerman, who denies having any fear of taking flight. "There is definitely some stiff competition, but we are hoping we can win. I trust [McEachern's] design, and I think the giant T-shirt hang glider will work."

Quoted

"I grew up in the age of Red Bull. I remember watching all of the commercials. It's just one of those things I always thought I'd love to participate in but never thought I'd have the opportunity."

Greg Zuckerman, 27, Makeshift pilot

MORGAN ROUSSEAU
morgan.rousseau@metro.us

Top 3

What's trending online at Metro.us

1 'VIDEO: Guys tip servers $200, record their reactions'

2 'Fort Bragg soldier and wife made dog pornography, posted it online: Police'

3 'VIDEO: How does a blind person read comments on Instagram?'

Today's tweet

"This person next to me on the T just smeared cream cheese on a bagel while balancing himself within a packed Red Line. #talent"

-@ePubPupil gave props to the talented, and hungry, T surfer.

A woman who answered the phone at the bar yesterday said there was no manager around. / COURTNEY SACCO, METRO

Death investigation. Man found unconscious in bathroom of popular bar

A 30-year-old man was found unconscious inside the bathroom of a bar near Faneuil Hall just after closing time yesterday and was later pronounced dead.

Detectives are conducting a death investigation at the Bell in Hand Tavern, according to Boston Police.

Officers were called to the bar at 45 Union St. just before 2:30 a.m. The man was taken to Massachusetts General Hospital where he was pronounced dead. MICHAEL NAUGHTON

Mayoral race

Connolly
NICOLAUS CZARNECKI, METRO

Poll: Connolly leads candidates

City Councilor John Connolly leads the pack of a dozen candidates vying for position in the Boston mayoral race, but 19 percent of voters are still undecided, according to a new poll.

The Suffolk University/Boston Herald poll results released yesterday put Connolly in first with 16 percent. State Rep. Marty Walsh and Suffolk District Attorney Dan Conley are tied in second with 12 percent. METRO

Swamp thing

Man flees troopers after traffic stop

A 39-year-old New York City man ran across six lanes of highway traffic and into a swamp, but was unable to avoid arrest by state police troopers who discovered cocaine and hundreds of Oxycontin pills in his car.

The arrest took place during a traffic stop on Interstate 290 in Auburn at about 2 p.m. Tuesday, according to state police. Troopers chased the man into the swamp. METRO

Juvenile justice

Gov. signs youth offender law

Gov. Deval Patrick signed a law yesterday removing 17-year-old offenders from the adult court system in a move designed to help the courts put more youthful offenders on the track toward rehabilitation. SHNS

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Think you're ready for college? You might be surprised. / GETTY IMAGES

Mass. high schoolers unprepared for college

Higher education. Many public school students enroll in remedial college courses after graduation.

State education officials announced yesterday that although MCAS scores hit a record high in 2013, nearly half of public high school graduates are not fully prepared for college-level courses.

According to the state Department of Elementary and Secondary Education, 40 percent of public school graduates enrolling in public colleges and universities in Massachusetts require developmental, non-credit coursework.

Education officials said they plan to implement new college and career-ready standards and will develop a new system to assess skills.

But the key to preparing students for higher education may be as simple as empowering school principals to take more of a leadership role, according to Patrick McQuillan, an associate professor of education at Boston College.

"Principals should be instructional leaders and promote a sense of leadership among teachers, where they see themselves as the drivers for implementing high expectations for all students," said McQuillan. "That's going to work better than trying to create more testing."

In the end, college students will bear the financial brunt of spending time and money on remedial courses.

"In many cases, the students don't get [college] credit, and that university is just making more money off those kids," McQuillan said. "College already costs quite a bit, so you've got to be ready to go once you get there."

MORGAN ROUSSEAU
morgan.rousseau@metro.us

Quoted

"It's clear that MCAS is not providing us with the signal or rigor we need to tell us whether students are on track and ready for college-level work."

Mitchell Chester
Commissioner of Elementary and Secondary Education

T technology

Celtic to ride the Green Line

Boston Celtics' first-round draft pick Kelly Olynyk will ride the Green Line from Kenmore to North Station at 2 p.m. today to mark the launch of new "next train" electronic message boards on the 100-year-old line.

The boards will provide waiting passengers with an estimate as to when trains will arrive.

Transportation Secretary Richard Davey will join the 7-foot basketball player on his ride. METRO

MBTA crime. Search on for man who spit on driver

The MBTA is searching for a man who was caught on surveillance video spitting on a T bus driver in Malden.

The incident happened around 12:15 a.m. on Sept. 9, as an Orange Line shuttle bus was diverted between Malden Center and Oak Grove stations.

The suspect is also accused of threatening the driver. Anyone with information can notify transit police by calling 617-222-1050. METRO

Have you seen him? / TRANSIT POLICE

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Homeless hero

Thousands pour in for man who returned bag

The online fund created to help Glen James, the homeless Boston man who returned a money-filled bag he found at a shopping center, raised more than $75,000 as of Wednesday night. METRO

The doctor is in

Man wearing scrubs holds up pharmacy

Boston police are seeking help identifying a man who was dressed as a medical professional when he robbed a Beacon Hill pharmacy of drugs.

The man walked into the Rite Aid at 100 Cambridge St. on Monday and handed the pharmacy attendant a note that demanded Oxycontin. Police said the man held his hand under his shirt, indicating he possibly had a weapon, but witnesses did not see one.

Surveillance images captured the man dressed in green scrubs walking through the store. Anyone with information can call police at 617-343-4248. METRO

The scrubby suspect / BOSTON POLICE

Charges coming. Cops: Teen was going 80 mph before Arborway crash

An 18-year-old from West Roxbury will face charges for allegedly driving 80 mph on the Arborway and causing a crash that injured six people earlier this month.

Authorities are seeking a criminal complaint against Nikolas Papadopoulos, who is still hospitalized at Beth Israel Deaconess Medical Center, that will charge him with negligent operation of a motor vehicle and civil offenses including speeding, failing to ensure passengers under 16 were wearing seat belts and crossing roadway lane markings, the Suffolk County District Attorney's Office said yesterday. He will be summoned to West Roxbury District Court at a later date.

State police and prosecutors said in a joint statement that an investigation and reconstruction revealed that Papadopoulos was driving 80 mph on the Arborway near St. Joseph Street in Jamaica Plain when he lost control of the 2013 Mazda he was driving.

The car jumped the median, began to roll and hit a pickup truck driving in another lane.

Three other teens were in Papadopoulos' car: a 14-year-old from Chestnut Hill, a 14-year-old from West Roxbury and a 15-year-old from West Roxbury.

The 14-year-old from Chestnut Hill sustained "life-altering injuries" to the brain and spine, authorities said.

Both 14-year-olds in the Mazda were not wearing seat belts, authorities said.

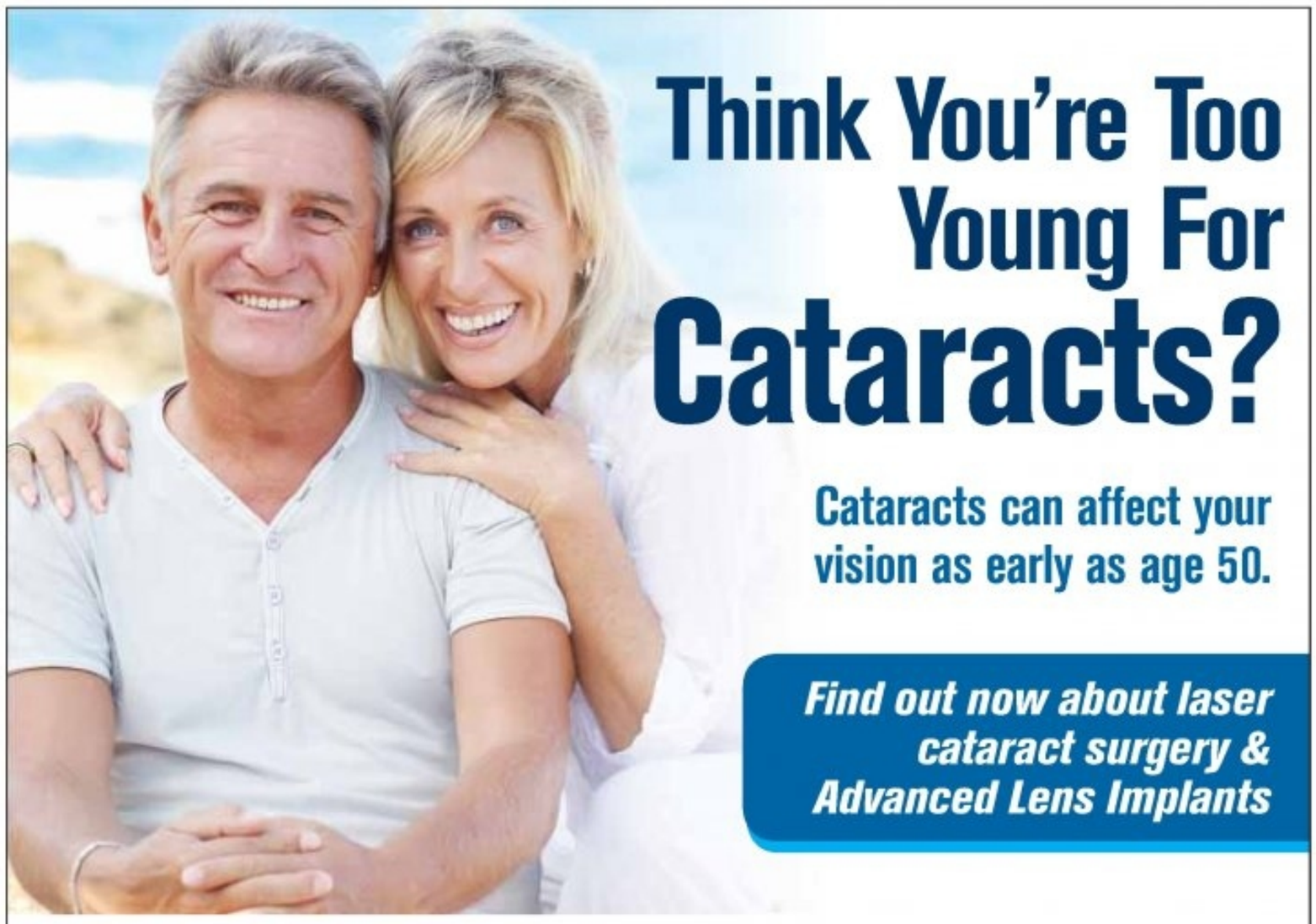
The driver of the pickup truck, a 33-year-old Dorchester man, was critically injured and is still in a medically-induced coma, authorities said. His passenger, a 34-year-old Quincy man, was released from medical care.

MICHAEL NAUGHTON

'Avoidable tragedy'

State police and prosecutors said while the investigation is continuing, Papadopoulos is not charged with using a cell phone or driving under the influence at the time of the crash.

- "At this stage in the investigation, we believe the defendant's excessive speed was the primary factor," said Suffolk District Attorney Daniel Conley. "This was an avoidable tragedy. It didn't have to happen."



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Try to piece it all together

Sean Kenney, an author and Lego-certified professional, demonstrated his work with the world-famous toy during a stop at the Wellesley Booksmith yesterday. Kenney invited children to put together a 35-piece Lego creation as part of a tour for his latest book, "Cool Creations in 35 Pieces." Andrew Martin, left, and Jason, both 6, seemed to be having some success with their Lego creation. / COURTNEY SACCO, METRO

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US regulator says small banks could face cyber threat

Attacks. Websites of major U.S. banks were taken down last year.

The Office of the Comptroller of the Currency said yesterday that it is devoting significant resources to help smaller, community lenders fend off cyber attacks, after hackers attacked many major U.S. banks last year.

Community banks often rely on outside providers for information technology services and may lack the resources or expertise to guard against cyber threats, Comptroller of the Currency Thomas Curry said.

He said his office has established a senior position to coordinate with other government agencies and the private sector on systemic cyber concerns, and it has teams of supervisors focused on information-technology security at the largest banks.

"We have much work to do as regulators to make sure the banks and thrifts we supervise are doing everything necessary to protect themselves," Curry said in prepared remarks for a speech in Washington.

Curry said that regulators also would be assessing whether they have the right powers to guard against hacking attacks and that, if necessary, they could ask Congress for more authority.

A series of so-called "denial of service" attacks in the last year repeatedly took down the websites of major U.S. banks.

JPMorgan Chase, Wells Fargo, Citigroup and Bank of America were targeted, forcing banks to spend millions to fend off hackers.

REUTERS

Curry / GETTY IMAGES

Quoted

"It's important to remember that cyber security is a safety and soundness issue, and more specifically, an example of operational risk." Curry

Flagship phone

BlackBerry unveils new smartphone the Z30

BlackBerry Ltd. launched its new Z30 flagship smartphone yesterday, as it battles to win back market share amid uncertainty over its future.

BlackBerry said last month it was weighing options that could include an outright sale, in the face of lackluster sales of its new devices that run on the BlackBerry 10 operating system.

The long-rumored Z30 device, unveiled at an event in Kuala Lumpur, Malaysia, will be BlackBerry's new top-of-the-line device, taking the crown from the smaller Z10 that was launched early this year.

The new touchscreen device will compete against the likes of the iPhone 5S and Galaxy S4.

REUTERS

Today's winner

To enter your submission for the Metro Photo Challenge to win a trip to Ghana, go to **www.metrophotochallenge.com.**

metro PHOTO CHALLENGE

'If time doesn't stop us, then what will?'
Raul Alejandro Cantora, New York
Category: Sight

Hunt's PHOTO & VIDEO

iPhone. Fingerprint scanner gets early plaudits

The fingerprint reader on iPhone 5S received an early thumbs up for ease of use, helping dispel concerns about the scanning technology that has been notoriously unreliable in other cellphones.

Apple's scanner is seen as a first step toward realizing the full potential for biometrics in personal electronics, heightening security for applications like banking and shopping.

REUTERS

Beans, not bullets

Starbucks asks customers to leave guns at home

Coffee chain Starbucks Corp. has asked U.S. customers to leave their guns at home after being dragged into an increasingly fractious debate over gun rights in the wake of mass shootings.

While many U.S. restaurant chains and retailers do not allow firearms on their properties, Starbucks' policy had been to default to local gun laws, including "open carry" regulations in many U.S. states. REUTERS

Mind of a killer

What made Navy Yard gunman snap

Aaron Alexis displayed signs of psychological trouble before he killed 12 people, experts told Metro. He was arrested twice for gun-related incidents in 2004 and 2010, and was discharged from the Navy after a disorderly conduct arrest in 2008.

He had also seemed increasingly agitated to his peers. He complained that his company owed him money, reported ABC, and friends described him as paranoid. Dr. Peter Langman, author of "Why Kids Kill: Inside the Minds of School Shooters," told Metro that one common trait of mass killers is that they feel wronged and want to take revenge. "He felt victimized in the Navy and he went after random people somehow connected in his mind to the organization that served him the injustice," explained Langman. He added that Alexis' history of violent behavior coupled with his gun use made him particularly dangerous. ANDREA PARK

Global security under review after 'red flags' were missed

Priscilla Daniels, whose husband Arthur Daniels was killed Monday, is comforted by Deputy Director of Constituent Services for Ward 7 Lynnell Humphrey. / GETTY IMAGES

Quoted

"Obviously, when you go back in hindsight and look at all this there were some red flags — of course there were. ... And should we have picked them up? Why didn't we? How could we have? All those questions need to be answered." Defense Secretary Chuck Hagel

Aaron Alexis. Private pre-employment background checks also failed to flag him as a security risk.

Defense Secretary Chuck Hagel said yesterday the suspected Navy Yard gunman's background presented some "red flags" easy to spot in hindsight and ordered a broad review of security worldwide, including clearances.

Aaron Alexis, the 34-year-old suspect who was killed by police during Monday's shooting, received a security clearance more than five years ago when he was still in the Navy and kept it in his most recent job as a technology contractor at the Navy Yard.

Critics in Congress and elsewhere say his ability to keep his security clearance despite a history of misconduct, including while in uniform, shows serious flaws in the system.

Hagel, addressing reporters for the first time since the shooting said his deputy, Ashton Carter, would undertake two reviews — an examination of physical security and access procedures at all Defense Department installations worldwide.

Carter's review will look at the military's practices and procedures for granting and renewing security clearances, including those held by contractors.

General Martin Dempsey, chairman of the Joint Chiefs of Staff, said it would have been hard to foresee Monday's bloodshed. "I don't know what the investigation will determine, but he committed murder. And I'm not sure that any particular question or lack of question on a security clearance would probably have revealed that." REUTERS

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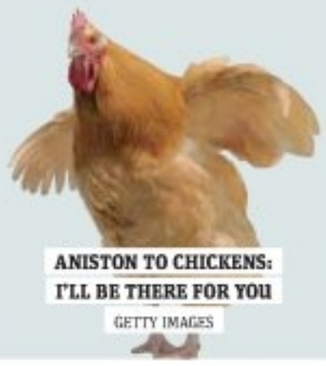
Talking points

Hemsworth moves on, very quickly

Liam Hemsworth seems to be taking his split from fiancee Miley Cyrus quite well. The actor reportedly hit it off with actress Eiza Gonzalez in Las Vegas after they had "just met," chatting over drinks at a nightclub, according to TMZ. And back in Los Angeles, Hemsworth was spotted stopping by her apartment — and engaging in quite the passionate lip-lock.

Chickens in Aniston's Bel Air mansion

If acting doesn't work out for Jennifer Aniston, she could try chicken farming, as the Bel Air mansion she and Justin Theroux purchased came with roommates. "We inherited the chickens from the previous owners," Theroux tells GQ. "We said, 'Don't get rid of the chickens. That's half the reason we wanted this place.'"



ANISTON TO CHICKENS: I'LL BE THERE FOR YOU
GETTY IMAGES

1

ZAC EFRON
WIREIMAGE

Zac Efron went to rehab for cocaine

Zac Efron's people came clean yesterday and said that he'd recently completed a stint in rehab for alcohol abuse. However, that burst of honesty may have been a bit of sleight of hand to distract from something they still didn't want to talk about: It was reportedly cocaine, not alcohol (or not just alcohol), that drove the once squeaky-clean "High School Musical" star to seek treatment. According to TMZ, Efron's problem was at its worst this spring, when he missed several days of filming on Seth Rogen's "Neighbors" due to his cocaine abuse.

Uh ... so? I mean yeah, cocaine's illegal and a harder drug, but am I the only one surprised that this is such a big deal? Addiction is addiction, and he's in treatment for whatever it was. Also, everyone in Hollywood seems to do drugs. Betty White probably does drugs. How else could she be so perky at her age? ***Metro/Melinda Taub***

Don't make Paltrow touch a used toilet paper roll

And here I thought the people who brought flip-flops to wear in the gym shower were high maintenance — but they don't touch Gwyneth Paltrow. The actress reportedly has an assistant go in and wipe down her gym's shower before she uses it. "She refuses to touch what she calls 'somebody else's shower water," a source tells Life & Style.

And don't even get her started on toilet paper. "She also refuses to use toilet paper that anyone has touched and demands an unopened pack."

This is a strange item. If you have the wealth and status of Gwyneth Paltrow, don't you have your own gym and trainer? Like, she probably won't be coming to my 12:30 p.m. Zumba class at Crunch. She can buy Crunch and all the new toilet paper rolls she wants.

2

GOOP WON'T TOUCH THE TP AFTER YOUR FILTHY HANDS HAVE BEEN ALL OVER IT.
GETTY IMAGES/MOODBOARD RF

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

2

CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Ashton Kutcher has some writing to do and Seth Rogen is feeling creative.

@aplusk: Yesterday was today's author and today will be tomorrow's but we each hold our own pen.

@Sethrogen: "If you pedal uphill enough, peddling flat feels like going downhill." - Lance Armstrong's biography I'm writing in my head.

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The cast and band help make the magic happen in "One Man, Two Guvnors." / MARK S. HOWARD

'One Man,' but plenty laughs in this comedy

Theater Review. Brilliant buffoonery abounds in "One Man, Two Guvnors."

Slamming doors, mistaken identities, slapstick pratfalls and grandiose buffoonery await you at the Lyric Stage Company's blisteringly funny production of "One Man, Two Guvnors."

Based on the 18th century comedia dell'arte piece "The Servant of Two Masters," "Guvnors" tells the tale of a goofy manservant working for two bosses — one a woman disguised as her dead brother, the other his killer. There's also a host of dimwits, including a buxom brunette and an elderly waiter with a faulty pacemaker. All fall in line with a wacky plot that drives the madness onward.

If you go

'One Man, Two Guvnors'
Through Oct. 12
Lyric Stage
140 Clarendon St., Boston
$25-$65, 617-585-5678
www.lyricstage.com

The fate of this show lies squarely in the hands of the 'One Man' at the center of it all, Neil Casey as Francis Henshall. The local actor proves he's right for the job, as he breaks the fourth wall with a sly smile and a gleam in his eye, inviting the audience on an epic journey to find food — and then love.

At the close of Act I, when Henshall is charged with serving dinner to both his Guvnors at the same time, Casey casts comic magic as he single-handedly escalates the scene's pace to side-splittingly frantic. At this performance his improv banter with the audience was so funny that members of the cast — and band — struggled to maintain composure.

Due credit is owed, however, to Alfie (John Davin), an 87-year-old waiter who takes all the punches and always seems to be on the wrong side of slamming doors. Davin channels Jackie Wright (the little old bald guy on the "Benny Hill Show") in his brilliant display of physical comedy.

The entire talented ensemble (nods to Aimee Doherty and Alejandro Simoes) shines in this rollicking comedy of errors that all prove right.

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New England Baptist Hospital, The MCAD, and Me

by George Voight, Jr.

Several years ago, I filed a complaint (docket #06BEM02829) with the Boston office of the Massachusetts Commission Against Discrimination regarding my then recently separated-from employer, New England Baptist Hospital, because NEBH had refused to accommodate my chemical sensitivity to the off-gassing toxic chemicals (known as "VOCs") found in most new wall-to-wall carpeting---which existed in the building where my department had a few months earlier been relocated---by allowing me to temporarily remain working in an area with older carpets. And it had refused to do this even though I had disclosed my problem to the hospital BEFORE I was hired. Then, after almost two years---and after my complaint had been transferred to three different Boston office investigators---a Springfield office investigator(?), although conceding that "the newly installed carpets triggered complainant's reactions," nonetheless issued a Lack of Probable Cause Finding against me, which had been co-signed by two higher ranking MCAD officials.

In this Finding, the investigator ruled that "the evidence shows the Hospital was undergoing renovations at all locations," even though I had submitted an article to the MCAD from an NEBH newsletter---published shortly before the move---which indicated that five to six fully equipped workstations were being set up in the basement of the hospital, which had not been newly carpeted, specifically to ACCOMMODATE any soon-to-be relocated employees who would be temporarily working back at the main facility after the move. The investigator also ruled that "the evidence shows...Complainant voluntarily left his position," even though the Department of Transitional Assistance had determined a month before I filed my complaint that I had left my job INVOLUNTARILY and had granted me full unemployment benefits.

Additionally, the so-called "evidence" referred to in the Finding wasn't evidence at all. It consisted of a Position Statement from NEBH (a narrative of its version of events) and a series of answers from the hospital to 17 interrogatories submitted to it by the MCAD. The problem: both the Position Statement and the interrogatory responses were written by an attorney for NEBH and were sworn to as true by a V.P. of Human Resources from the hospital, neither one of whom had ANY firsthand knowledge concerning the events which had caused me to leave my job because, apart from listening to the Human Resources V.P. speak at an orientation seminar, I had never met with or spoken to either of them in my life. So this "evidence," as it pertained to the events outlined in my complaint, was nothing more than parroted, secondhand information or, to use the legal term, HEARSAY (which even Judge Judy doesn't allow in her television courtroom).

Yet the MCAD didn't request a single confirming statement from any of those NEBH employees who DID have firsthand knowledge regarding the events outlined in my complaint, which it had the legal authority to do. And it KNEW that the Human Resources V.P. had AT BEST very limited direct knowledge concerning those events because in response to interrogatory #4, the hospital's attorney wrote---and the Human Resources V.P. swore to---this: "Basis of knowledge: (the H.R. V.P.) has knowledge REGARDING HER COMMUNICATIONS WITH OTHERS as to Complainant's medical condition and potential accommodations" (my caps.)---the very definition of hearsay.

Moreover, NEBH's Position Statement was internally inconsistent: It argued that chemical sensitivity didn't rise to the level of a disability but claimed that the hospital had offered me short-term disability benefits anyway. And it ended with this self-evidently speculative (and false) conclusion: "Voight's resignation was prompted by his desire to collect what he perceived to be more lucrative unemployment benefits instead of the disability benefits that he would have received if he remained employed and took a medical leave of absence."

In fact, disability benefits were never discussed---because I wasn't disabled: There is a big difference between having a disability and BEING ABLE TO WORK WITH AN ACCOMMODATION and being totally disabled and UNABLE TO WORK UNDER ANY CIRCUMSTANCES. And at the time of my departure from the hospital, I obviously had no idea if I would be granted unemployment benefits or not.

Also, the oath which Linda Thompson, the Human Resources V.P., signed attesting to the truthfulness of the Position Statement---again, without any firsthand knowledge concerning the events outlined in my complaint---contained such qualifying statements as: "New England Baptist Hospital reserves the right to make ANY changes in or additions to the Statement if it appears AT ANY TIME that errors or omissions have been made therein or that more accurate or complete information has become available" (my caps), rendering this oath both meaningless and legally unenforceable; yet the MCAD accepted it as valid nonetheless.

To summarize, then: the MCAD ruled against me based on---nothing, legally speaking. (And being represented by an attorney did nothing to prevent this outcome, by the way.) But why should you care about the legal laxness and arguable incompetence of this Commission? Because, per Massachusetts law, all employment discrimination claims---and all housing discrimination claims---MUST be filed with it. So someday you could be asking yourself this question: Do I want the Massachusetts Commission Against Discrimination, an entity which acts in effect as a surrogate court but which does not adhere to the rules of evidence observed by the Commonwealth's legitimate court system, to adjudicate ANYTHING for me?

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TV watch list

COMPETITION

'Wipeout'

In the season finale, contestants with gross jobs, like poop scooping and roach poaching (their descriptors, not ours), have to compete in gross challenges to win gross amounts of money. It's going to be gross, is what we're saying.

SEASON FINALE, 8 P.M., ABC

If you want his money, massage his muffin. / MTV

GAME SHOW

'Million Second Quiz'

Wait, it's already the season finale of this show? It feels like it just started, like, seconds ago. In the finale, the perfectly coiffed media robot known as Ryan Seacrest announces the interactive game show's winner.

SEASON FINALE, 8 P.M., NBC

GAME SHOW

'Money From Strangers'

To win money tonight, the contestants have to massage some muffins in public. Muffin Massage would be a really good name for a really bad band, by the way.

11 P.M., MTV

REALITY

'Love for Sail'

This is a new dating show that takes place on a cruise ship. We bet there will be a lot of men overboard — to escape the desperate hordes of seasick/lovesick single women.

SERIES PREMIERE, 11 P.M., LRW

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10 films you might want to watch

Movies. Here's what's coming to (or is already at) your local googolplex.

Must-see

1 'Prisoners' Hugh Jackman leads an all-star cast as a father whose daughter is kidnapped, so he winds up kidnapping a man (Paul Dano) he thinks is responsible (but might not be, even if played by Dano in full creep mode).

Hugh Jackman shakes down Paul Dano in "Prisoners." / WILSON WEB

2 'Battle of the Year' One of these outsized dancer melodramas crops up every now and then. This one features a character named Dante plus noted abusive lover Chris Brown.

3 'The Wizard of Oz' 3-D Exactly as director Victor Fleming and company intended, the 1939 classic has been post-converted for our age of fake extra-dimensions. Don't get your eye poked out by Margaret Hamilton's monstrous green honker.

4 'Salinger' Noted recluse J.D. Salinger finally gets a splashy, albeit not entirely fawning, life-spanning documentary, which promises some well-kept shock revelations. (Spoiler: There are more Salinger manuscripts en route now that he's no longer alive to thwart their publication.)

5 'You Will Be My Son' An intimidating presence in "A Prophet" and "War Horse," Niels Arestrup turns into a domineering father for this French drama.

6 'The Patience Stone' Golshifteh Farahani is one of the only actors in this Afghan drama, which hangs with a young woman as she cares for her comatose husband, using the alone time to rail against him and her miserable life.

7 'Short Game' The latest cute competition doc follows the eight best seven year old golfers in the world as they battle to prove themselves before puberty and nature makes them resent and destroy their younger selves.

8 'Insidious: Chapter 2' It's only been three months since director James Wan and Patrick Wilson scared the bejesus out of people with "The Conjuring," so here's another. Enjoy it, as Wan is now stuck on the "Fast & Furious" franchise.

9 'The Family' Eurotrash auteur Luc Besson ("The Fifth Element," "Taken") sucks Robert De Niro, Michelle Pfeiffer and Tommy Lee Jones (plus executive producer Martin Scorsese) into his insane orbit for this comic actioner about an ex-mafia boss (De Niro) under witness relocation who comes under attack.

10 'Drinking Buddies' Mumblecore auteur Joe Swanberg ("Hannah Takes the Stairs") goes a more traditional route, getting a tripod and a name cast to tell of two friends (Olivia Wilde and Jake Johnson) who wonder if they should be something more.

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London Fashion Week

11:22 a.m. Simone Rocha

This season, the Simone Rocha girl grew up. Eschewing her innocent femininity, she was rawer, more sexual and even more desirable. Pearl-embroidered stockings and pearl-encrusted collars mixed with tulle, silk, lace and crochet create an almost ecclesiastical effect. On paper this all sounds innocent, but the lace was wet-looking and the crochet appeared almost plasticized, which gave the collection a subversive undertone. A slick, moss-green leather coat with oversized lapels paired with a silk slip and stockings in a similar hue had a particular grimy but equally lusty feel. Rocha also explored new silhouettes, such as her knee-length slip dresses, which were a departure from her full-skirted signature. Factor in a haunting finale of three models shrouded in veils and layers of tulle, and you have one of London's most evocative runway moments of the week.

CHLOE MAC DONNELL

SIMONE ROCHA
GETTY IMAGES

MEADHAM KIRCHHOFF
GETTY IMAGES

3:19 p.m. Meadham Kirchhoff

With a runway scattered with red and white roses and a series of broken trellises piled up at the catwalk exit, Edward Meadham and Benjamin Kirchhoff immediately set the tone for their signature romance with a dark twist. The designer duo's show is about the experience rather than just the clothes, and with a soundtrack featuring creaking doors and a heart beating — the pace quickening as each look appeared — it was an intense, almost creepy couple of minutes. But the clothes were beautiful. This season they took their technical work to the next level, with intricate beading and lace and satin stitch detailing finished to a flawless effect. In one series, tiny floral embroidered motifs were used on silk separates over which gold corset tops were layered. There was also lots of humor, with beaded teddy bear bags, graphic-cut sunglasses and boater-style hats.

CMD

5 p.m. Lucas Nascimento

It's my last show of the week. I'm exhausted, but there's been so much hype surrounding Lucas Nascimento that I can't let myself crash quite yet. Everyone who hasn't yet left for Milan is here, and for the penultimate show of the schedule, there's a promising turnout. The first look is an all-black ensemble: A pair of tailored trousers is teamed with a knitted bath towel-looking top wrapped around the body. The look is simple, but the result is stunning. Later, the same idea comes in sunshine yellow, which adds a pop to a selection of sharp shaped skirts and clean-cut coats. Dresses appear tiered thanks to the way the fabric is draped around the body, and skirts have high slits. This is minimalism at its best. Evaded from the distraction of print or decoration, it is perfectly clear that the Brazilian designer has pure talent.

ALICE TATE

LUCAS NASCIMENTO
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PLUS

Celebs

Front row at Simone Rocha

Model and socialite Poppy Delevingne, along with Alexa Chung, watched the Rocha show from the front row.

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Going digital. Meet Tinder, the Grindr-like app the ladies are loving

Location-based loving? The ladies are saying "yes." / TINDER

Apps that connect people based on location have been used primarily by guys — until now. Tinder verifies users' information via Facebook and connects them based on their location — and the ladies are digging it.

Other apps that have attempted to get the girls on board haven't had the explosive popularity of apps like the manly meet-up app Grindr.

Though Tinder takes information from Facebook, one of the things that makes it popular is a bold-faced pledge not to post or promote the use of the app on Facebook. Under that cloak of privacy and with a promise to be "easy and fun to use," Tinder is shaking up the shacking-up scene — for the better. METRO

Funky Brown Chick

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ALL ABOUT IUDS: THE INVISIBLE BIRTH CONTROL

Don't settle for the same-old sex s— you knew when you had braces or pimples. Although you may have sampled different sexual positions and partners before getting comfortable with your current jam, if you haven't been equally exploratory with birth control, it may be time to upgrade to a method that better suits you and your partner's current needs. If you're ready from some straight talk about the intrauterine device (IUD), below is a chart so you can get schooled on this increasingly popular choice.

First, a heads up: Lovers for whom pregnancy prevention isn't an issue don't need it, and the device won't protect you from sexually transmitted infections and diseases unless you pair it with a male or female condom.

According to Guttmacher Institute, almost 1 in every 10 American women using contraception in the 1970s chose IUDs; however, you should know they fell out of popularity and out of the market after a spate of deaths, miscarriages and infertility-inducing disasters. Scary stuff, right? Well, they're back — and now offer better safety. More than 2 million American women use them — the highest usage rate in nearly three decades.

No one knows for sure how it works, but the IUD likely cockblocks sperm by preventing it from either entering the uterus or fertilizing the egg. A doctor inserts the T-shaped device, and it's effective as hell at preventing pregnancy. Undetectable, reversible and easy to use, once it is in, you're pretty much good to go.

I'm not going to tell you or your lover to let anyone shove a foreign object in your uterus without substantial homework. Be sure to check out other alternatives to the pill such as the implant, the shot, the ring, the patch, diaphragms and cervical caps. That said, if you have the kind of sex that produces babies and you'd prefer to engage in spontaneous and pregnancy-free sex with an IUD, here's a very quick overview to help you talk about the benefits — and drawbacks — of the three most common options.

This tiny T does a lot for women looking for birth control they can "set and forget." / PHOTODISC

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Understand how it might affect periods.	• Spotting • Irregularities • Amenorrhea (no period)	• Spotting • Irregularities • Amenorrhea (no period)	• Spotting • Irregularities • Amenorrhea (no period)
Know it pumps stuff into the uterus.	Releases a progestin hormone called levonorgestrel	Does not contain hormones, yet releases a small amount of copper	Releases a progestin hormone called levonorgestrel

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Symbicort 160/4.5ug	360 doses	$ 179.99	Diovan 160mg	90	$ 89.99
Singulair 10mg	100	$ 119.99	Evista 60mg	90	$ 109.99
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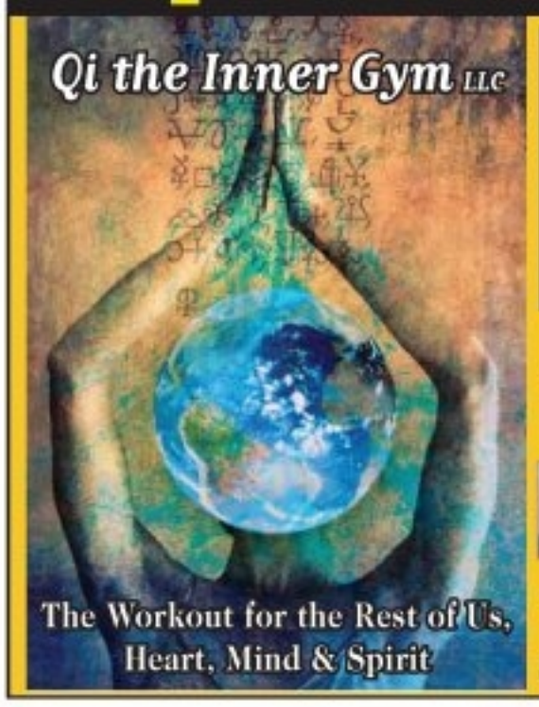

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HARVARD'S OFFBEAT NEW SPOT

Considering its pedigree, it's not a huge surprise that the just-opened Beat Hotel in Harvard Square is a sensory overload of high-concept eating, drinking and entertainment. Like its South End predecessor, The Beehive, the space here (in the old Tannery shoe store location) is a stunning sight to behold.

Here it melds eras — the slinky, smoky decadence of the jazzy, Parisian bohemia with '60s-era hippie allure. The marriage of cultures can feel jarring — the decor is a bit like what might happen if Urban Outfitters designed a restaurant, my friend commented. While the aesthetic clashing kind of dampened my excitement, there's no question that it's a unique space.

Fluorescent peace symbols hover over the bar and billowy, tie-dyed curtains bracket the stage in the back (there will be live music here every night), while slinky chandeliers sprout from the ceiling like flowing dresses. It's a lot to take in — and not just because the space itself is so large. Two long bars stretch back into the subterranean space, with multilayered sections for dining. Even this place's bathrooms feel like art project portals into another dimension.

This is all well and good, but a restaurant can't live on (questionable) charm alone. Luckily, though Beat Hotel has literally only been open a few days, it seems likely that its food and drink will at least meet, if not exceed, the quality standard set by The Beehive.

If you go

Beat Hotel

13 Brattle St., Cambridge
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The spirit, beer and wine selection is impressive right off the bat. Most notable are the 24 wines on tap, with most of the bottles leaning towards the very high end. This ensures that no bottle will go bad, we're told, but also makes sampling from multiple varietals and various sizes (2.5, 5 or 12 ounces) easier. Food seems designed for mixing and matching as well; proteins are presented with four different options for side dishes that you can design yourself. No more existential crises over the concept of substitutions here!

As for cocktails, they're of the craft-populist mold. Granny Takes a Trip is a decent Manhattan, made with Old Overholt rye, Bittermens Amere Nouvelle bitters and Vya sweet vermouth.

On the more eclectic side, the Rum Cha Yen takes Thai tea-infused rum, tea liqueur, condensed milk syrup, Bittermens Burlesque bitters and soda for a cream soda cocktail that's sweet and aromatic in both appearance and taste.

Some interesting fruit ingredients show up as well, as in the Soursop Fresca, made with Bluecoat gin, soursop nectar, agave, lime and soda. It's not a flavor profile that's normally within my personal taste wheelhouse, but the tropical musk mixed with the bright botanicals of the gin proved exceptionally refreshing.

Elsewhere on the menu, out-of-fashion cocktails are cheekily highlighted, like the Harvey Wallbanger, Rusty Nail and the Stinger. At the moment, things seem a bit overpriced, but that's likely to correct itself with time. If you're a fan of The Beehive, or, like me, just excited for a new place, off the beaten path, in Harvard Square, it's definitely worth a visit.

There's no denying the new space has ... personality. / DEREK KOUYOUMJIAN

The Soursop Fresca is a refreshing option. / DEREK KOUYOUMJIAN

THURSTY LUKE O'NEIL
letters@metro.us

my
my city. now.
metro

Oh hello

Get your weekend started early

Happy Thursday — hope you're thirsty for the best of what this town has to offer. In today's issue, we bring the party with Icona Pop, your weekend rundown, food, drink and more!

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Receive FREE Pre-Paid Gratuities, up to $1000 OFF, up to $100 Onboard Credit plus Free Kids Shore Excursion on select sailings
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On sale soon

Marnie Stern

**Nov. 7, T.T. the Bear's
(On sale Friday)**

@DadBoner

**Nov. 8, T.T. the Bear's
(On sale today at noon)**

Reel Big Fish and Goldfinger

**with Beautiful Bodies and Beebs and Her Moneymakers
Nov. 9, Royale
(On sale Friday)**

The Mighty Mighty Bosstones' Hometown Throwdown 16

**Dec. 27-29
House of Blues
(On sale Friday)**

Disclosure

**with Vic Mensa and Samo Sound Boy
Jan. 16, House of Blues
(On sale Friday)**

Amon Amarth

**with Enslaved and Skeletonwitch
Feb. 1, House of Blues
(On sale Friday)**

Robin Thicke

**with Jessie J and DJ Cassidy
March 4, Agganis Arena
(On sale Friday)**

ROBIN THICKE
GETTY IMAGES

Up all night together

Loving It. Icona Pop just wants to have fun.

For Hjelt (left) and Jawo, it was musical "love at first sight." / FREDRIK ETOALL

If you go

Icona Pop

**with K. Flay and Sirah
Tonight, 9
The Paradise
967 Comm. Ave., Boston
Sold Out
www.ticketmaster.com**

Hard-partying young bands have a long tradition of trashing hotel rooms. On their most recent tour, however, Icona Pop's biggest offense wasn't throwing the TV off the balcony or throwing up in the ice bucket. It was scaring the crap out of the maid.

"In a closet, we built a little singing booth," says Caroline Hjelt, one half of the Swedish synth-pop duo. "And we were just in there screaming and singing together. We heard that someone was in the room, and we stepped out, and it was housekeeping. She got so scared, she didn't know what the f— was going on ... and then two girls come out from the closet. She was like, 'Oh my God, what's going on here?'"

What was going on there, explains Hjelt, was work. She and bandmate Aino Jawo have been on the road nonstop, touring behind their irrepressible dance party jam "I Love It" (off their 2012 EP), and have had almost zero time to spend in the studio recording their upcoming debut, "This Is Icona Pop." So they've gotten creative.

"This album has been hustling. We've been everywhere recording it," she says. "So we always make sure that we have a microphone, and we have our computers that we can work on, or cell phones, or whatever, that we can just record if we get quick ideas."

Jersey? Sure

"We were just like, 'OK, that sounds fun.' We're singing about I don't care, I love it and those girls definitely don't care, and they love it, so we were like, 'That's a good match, right?'"

Hjelt, on their single "I Love It" being the theme song for MTV's "Snooki & JWoww"

"I think people are going to hear the journey that we've been through," she continues. That journey has included recording sessions in countless cities across the world — in the backseats of cars, in parking lots and, yes, hotel room closets.

This DIY, devil-may-care aesthetic reflects the duo's sound, as well as their outlook on music. These are two girls who, frankly, just want to have fun. The two met at a party while in college, and it was "love at first sight."

"We just started writing without even talking about what kind of music we wanted to do," she says. "And when we started, we just looked at each other like, 'Oh my God, we have a band, and it's the best band in the world!'"

They wrote their first song the very next day. Two days later, they booked their first gig. And they've been partying together ever since. Unlike a lot of young musicians, who will demur and say that their stage persona, or their music, doesn't reflect their personal life, Hjelt is blunt about their lifestyle.

"I would lie to you if I would say that I don't like to party," she laughs. "We love dancing. We love good music. We love hanging out with people. And we've been having the best parties! We always have such a good time."

But, she cautions, their music isn't all about the next good time. "Our goal is to make music that makes people feel. We like bittersweet music that you can both cry and laugh to, that you can have a little bit for every time," she says. That's reflected in the new album, which, while still chock full of ruckus-bringing club tracks, has its share of quieter, more emotive ballads (not to mention a Jay-Z/Tupac cover).

Still, don't expect too much heartache and darkness from "This is Icona Pop." After all, this IS Icona Pop, and, at its glittery heart, Icona Pop is two best friends having the time of their lives.

"The night we met was such an epic night," Hjelt says. "We went out to this big club and we were just jumping around on the couches. The night never ended."

ALEXANDRA CAVALLO
alexandra.cavallo@metro.us

Also on stage

Beware the Dangers of a Ghost Scorpion!

**Sept. 22, 9 p.m.
Great Scott
1222 Comm. Ave., Boston
$8, 18+, 800-745-3000
www.ticketmaster.com**

This local instrumental quintet write and perform nothing but surf rock soundtracks to imaginary cheesy horror movies from the 1960s, recreating the sound of early instrumental rock with such accuracy as to rival their own influences, not to mention the scores of contemporary bands who claim surf influences but know not the first thing about the genre — Ghost Scorpion stings 'em all.

Saves the Day

**Sept. 24, 7:30 p.m.
The Paradise
967 Comm. Ave., Boston
$17, 800-745-3000
www.ticketmaster.com**

Formed in 1994 in Princeton, N.J., punk-poppers Saves the Day stood somewhere between the second and third waves of emo. Having no part in the mindless, gothic melodrama that ruined emo later, they maintained a cathartic but hopeful attitude — whatever grim contemplations the lyrics offered, the music remained bright, catchy and intelligent, neither ignoring feeling nor allowing it to overwhelm. Alexandra Cavallo spoke with singer Chris Conley. Look for her interview early next week.

MATTHEW DINARO

Saves the Day/ PROVIDED

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THEATER

'The Other Place'

Through Oct. 6
Central Square Theater
450 Mass. Ave., Cambridge
$15-$56, 866-811-4111
www.centralsquaretheater.org
This play by Sharr White centers on the figure of Juliana Smithon, a successful neurologist whose life begins to unravel toward middle age. Already estranged from her daughter, she finds her husband walking out on her and events at a medical conference lead her to worry she has a brain tumor. Can a girl get a break?

FESTIVAL

HarborArts Festival 2013

Saturday, noon to 7 p.m.
HarborArts Shipyard Gallery
256 Marginal St., East Boston
Free, 617-568-0000
www.harborarts.org/festival
This festival marks the third anniversary of the HarborArts Shipyard Gallery, home to one of the largest collections of public art in Boston. It includes live music, local food and refreshments, a variety of local craftspeople and artists hawking their wares, kids' activities — plus the last chance to see the gallery's summer exhibition, "Studios Without Walls: OccupyING the Present."

DANCE

Night of Stars

Saturday, 7 p.m.
Boston Common
Charles Street at Beacon Street
Free, 617-695-6955
www.bostonballet.org
Surprisingly, not once in its 50-year history has the Boston Ballet offered a free performance on Boston Common, but it's breaking that trend this weekend in honor of — you guessed it — its 50th anniversary. The program, embracing both modern and classical dance, includes works by Balanchine, Elo, Pepita and Bruce, plus a secret world-premiere piece.

MUSIC

Howie Day

Saturday, 9 p.m.
The Sinclair
52 Church St., Cambridge
$17-$20, 18+, 800-745-3000
www.ticketmaster.com
Maine native Howie Day burst onto the pop scene in 2004 with "Collide," an almost scientifically perfect morsel of breathy adult contemporary songwriting that seemed ubiquitous for a little while. But he didn't react well, on the whole, to such instant fame, with its demands of constant touring, and he's kept a lower profile since, releasing just one full album.

ART

'Pedigree'

Through Oct. 14
New Art Center in Newton
61 Washington Park, Newtonville
Free, 617-964-3424
www.newartcenter.org
In classic postmodern fashion, the 14 artists in this exhibition gleefully mess around with tradition, whether placing a shower curtain in front of Vermeer's "Girl with a Pearl Earring," making all the flower petals in a standard bouquet still life look like they're melting or sticking a porcelain woman's head on a porcelain bird's body. It's equal parts cute and biting.

Revels RiverSing

Sept. 22, 6 p.m.
Weeks Footbridge
DeWolf Street and Memorial Drive, Cambridge
Free, 617-972-8300
www.revels.org
Revels returns again to ring in the fall equinox in classic Cambridge style, with a brass band, people on stilts and a big folk music sing-along. Gather in Harvard Square's Winthrop Park at 5 p.m. for the parade down to the waterfront, or just meet up with everyone down there. This year's special guest is Paul of Peter, Paul and Mary.

COMEDY

Laugh Boston Grand Opening

Saturday, 7:30 p.m. and 10 p.m.
Laugh Boston
425 Summer St., Boston
$25, 617-725-2844
www.laughboston.com
Comedians Mike Donovan, Ira Proctor and Will Noonan, all good local boys, will deliver the inaugural punch lines at this brand new downtown comedy club, cracking them over the audience like a champagne bottle on a ship's bow, but without all that wasted booze — because we all know no self-respecting comedy club would ever let booze go to waste.

FILM

'The Last Command'

Sept. 23, 7 p.m.
Coolidge Corner Theatre
290 Harvard St., Brookline
$20-$23, 617-734-2500
www.coolidge.org
Cambridge-based Alloy Orchestra, a trio specializing in original silent-film scores, returns to the Coolidge Corner Theatre with its latest work. "The Last Command" is a remarkably early satire on Hollywood in which a former Russian general winds up on an American movie set, cast as himself in a pro-Communist film about the Revolution.

MATTHEW DINARO

We want you

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Have an upcoming event that you want to let Metro readers know about? Send an email to events@metro.us and we'll get it on our new listings website.

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FIND CULINARY INSPIRATION AT MUSE

Forget the neighborhood tavern, at least for now. Instead, enter another realm, one where sensory stimulation distilled to what appears on the plate and much of everything else — music, design and service — is elegantly muted. Enter downtown Newport hotel Vanderbilt Grace's restaurant, Muse by Jonathan Cartwright.

The title includes the name of its executive chef because Cartwright put the Vanderbilt Grace's sister hotel, the White Barn Inn in Maine, on the culinary map. He's an old Englander who fell in love with New England's seasonal produce in the '90s when he first set up shop. However, he frames his cooking in classic French tradition — that is, as an experience that services the food and, ultimately, the taste buds.

The Muse experience includes a prix fixe menu designed to tantalize and satisfy in several neat courses. There's also a bespoke section from which to choose a protein and add sides. There are vintage Vanderbilt dishes that might have graced tables here 100 years ago, such as Cornelius' beef bouillon, a thin beef broth perfectly suited for the impending cold weather. There's fine local produce showcased in a mushroom risotto with asparagus puree, sweetened with crisped carrots and finished with a parsley froth.

Jonathan Cartwright's menu is inspired. / GRACE HOTELS

And there's a delicate apricot clafouti with piquant blackcurrant ice cream.

Muse's clean design palette of Wedgwood and royal blues on white is calming, and though the nostalgic artwork depicting flappers and dapper gents in party attire adds whimsy, it is suffused in a serene hush. One might even call it zen.

NOSH ON LINDA LABAN
linda.laban@metro.us

If you go

Muse by Jonathan Cartwright

41 Mary St., Newport, R.I.
Prix fixe: $85.
401-846-6200
www.gracehotels.com/vanderbilt

Newport Mansions Wine & Food Festival Dinner

Saturday, 7 p.m.
$160 per person

2013 Newport Mansions Wine & Food Festival

Sept. 20-22
$150
www.newportmansionswineandfood.org.

Be there!

Food Fest

Jonathan Cartwright extends his Newport duties this weekend, co-hosting a special dinner for the Newport Mansions Wine & Food Festival with chef Nathan Rich from Lake Placid Lodge. The seven-course collaboration between Cartwright and Rich will feature Hall and Walt wines. All proceeds from the Newport Mansions Wine & Food Festival benefit The Preservation Society of Newport County.

PROVIDED

Cocktail of the week

Xante Ginger Cocktail

Ingredients:
1 1/2 oz. Xante
1 1/2 oz. lemon juice
1 oz. simple syrup
1 piece ginger

Directions:
Muddle the ginger. Add Xante, freshly pressed lemon juice and syrup. Shake and double strain. Serve in a martini glass and garnish with fresh ginger.

ADVERTISEMENT

Dumpling Cafe

The art of the xiao long bao, a Shanghai style soup-filled dumpling, is a tricky one to master. Some say the dough should be folded 18 times before being molded into the little broth-filled pouch, to ensure that subtle, pliant give when you perch the dumpling on your spoon, then nibble, slurp and devour away.

The meat must be tender, the broth hot and the skin paper-thin but strong. Dumpling Cafe's versions are all of these things, and the expert technique in the kitchen is immediately apparent once they arrive on the table.

695 Washington St., Boston; www.dumplingcafe.com

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Horoscope

♍ Virgo | Aug. 23-Sept. 22.
Helping someone financially will not turn out as planned. Don't expect to get anything in return for your gesture.

♎ Libra | Sept. 23-Oct. 22.
Use your skills wisely today. You may be asked or expected to offer your services for free, but this won't pay the bills. Search for a remunerative prospect.

♏ Scorpio | Oct. 23-Nov. 21.
Exploring new friendships or hobbies will increase your own self-awareness. Share what you know, and you will enrich someone's life as well as your own.

♐ Sagittarius | Nov. 22-Dec. 21.
Do whatever it takes to add to your comfort at home or to bolster important relationships. Communicate freely and encourage positive change. A financial boost could be in the works.

♑ Capricorn | Dec. 22-Jan 20.
If you're faced with an array of options, choose the one that promises the most. Don't fear taking an unusual path. Express your views openly and back your feelings with facts.

♒ Aquarius | Jan. 21-Feb 18.
It would be wise to make changes in the way you handle your cash. It's important to budget so you can afford the things you want without feeling financial stress.

♓ Pisces | Feb. 19-March 20.
The lure of the unfamiliar may be enticing, but in the end you will discover that success will come from sticking to what has worked well for you in the past.

♈ Aries | March 21-April 20.
Keep a lid on your emotions. You don't want to give anyone the upper hand by revealing your true feelings. Listen, ask questions and figure out your best move with a cool head.

♉ Taurus | April 21-May 21.
Don't take opposition personally. Accept criticism, but don't change your ideas unnecessarily. If you avoid conflict, you'll have an easier row to hoe.

♊ Gemini | May 22-June 20.
What you offer others will in turn help you. Get involved in community affairs that can make a difference to your personal or professional life. Fight for your rights.

♋ Cancer | June 21-July 22.
Enjoy friends, family and outings that will inspire you to do something creative. Make it a point to stick to basics and to incorporate your own unique footprint in whatever you do.

♌ Leo | July 23-Aug. 22.
Look for opportunities and recognize good fortune when it comes your way. Refuse to let the actions of others slow you down or stand between you and your goals. **BERNICE BEDE OSOL**

Letters

There's nothing natural about GMOs

Re: 'Take a kinder look at good old-fashioned GMOs' (Metro, Sept. 16) Letter-writers Matt Brosnan and Kelton Barnsley sound like GMO spokesmen when the try to convince us that "genetic engineering is simply a much faster and more precise" form of the "selective breeding and the hybridization of plants" that farmers have been doing for centuries. What about the fact that arctic char "anti-freeze protein" genes have been spliced into strawberries to give them greater resistance to freezing cold? Can Messrs. Brosnan and Barnsley explain to us how traditional farming would have hybridized strawberries with a kind of ocean fish? Please! Who are we fooling here? And, by the way, that is not an aberration, but rather a typical, in fact emblematic example of how GMO engineering operates.

PASQUALE G. TATO, VIA EMAIL

Bad wording is impediment to understanding

Re: 'Homeless man who returned $40,000 gets special award' (Metro, Sept. 17) I read your article about the homeless man who returned the $40,000. You wrote: "He suffers from a stutter." I am a lifelong stutterer, and I thought the word "suffers" was a poor choice to describe someone with a speech impediment. I'm sure you didn't mean anything negative, but I have struggled my whole life trying to prove to others that even though I stutter I am just like anybody else. I believe stuttering and speech impediments in general are not understood by the general public unless they stutter or someone close to them stutters. I believe "has a speech impediment" would have been better to write.

RACHEL MCKAY, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

			5	6				
	3					9	6	
	6					2	8	4
		6			1	8		2
		1	4		7	6		
8		3	6			7		
4	9	5					3	
	7	2					9	
				7	5			

			7					
9	7			6	5			2
				9	8		3	
		4	6		7		9	5
	1						7	
7	2		5		4	6		
	8		3	7				
1			2	5			8	3
					6			

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across
1 Range of view
6 Reverberate
10 Hiss
14 — grinder
15 Dumpster output
16 Got threadbare
17 Breathing spells
18 Trevi Fountain coin
19 Classes
20 Footnote word
21 Bargain hunter's delight (2 wds.)
23 Ruin
25 Aristocratic address
26 Chafe
27 Toe coverers
29 Sajak or Trebek
32 "Great" dogs
33 — chi ch'uan
36 Ran fast
37 Whirls around
38 Singer – McEntire
39 High-tech scanner
40 Reinforce
41 Sheba, today
42 Outback minerals
43 Untold centuries
44 Titania's spouse
47 Dunk
51 Department store models
54 Healthy
55 "It was — — mistake!"
56 Pakistan's language
57 In force
58 Solar radiation
59 Disney CEO Bob —
60 Miss a syllable
61 Mr. Luyendyk
62 — majeste
63 Banana oil, e.g.

Down
1 Reliable
2 Makeshift
3 Looks at boldly
4 Where to find dates (2 wds.)
5 Naval off.
6 "Gosh!"
7 Comic-strip dog
8 Mrs. Charles
9 Music awards (var.)
10 Fudge ice cream features
11 Oktoberfest tune
12 Teed off
13 Fractious
21 Watch chain
22 Has a fever
24 Paris street
27 DEA agents
28 "Green Gables" redhead
29 List shortener
30 Kiwi's kin
31 PC monitor
32 Kind of citizenship
33 Speaker pro —
34 Mr. Vigoda
35 John, in Aberdeen
37 Serene
38 Extensions
40 Lodge letters
41 — Kippur
42 Flowery
43 911 responder
44 Nebraska hub
45 Hay machine
46 Premier Zhou —
47 Accustom
48 Fixed the pilot
49 Trombone adjunct
50 Tribal adviser
52 Prevail upon
53 Time to beware
57 Notch shape

Yesterday's answer

E	Y	E	F	U	L	■	G	O	B	■	L	O	C	O
S	E	R	E	N	A	■	E	M	U	■	A	R	I	A
S	P	E	E	D	S	■	N	A	G	■	B	A	R	T
■	■	■	B	U	T	T	E	R	S	C	O	T	C	H
S	A	B	L	E	■	R	V	S	■	A	R	E	A	S
A	L	L	Y	■	S	E	A	■	T	E	E	■	■	■
L	I	E	■	K	I	N	■	M	I	S	R	E	A	D
A	B	S	■	I	N	D	■	U	M	A	■	A	M	I
D	I	S	O	B	E	Y	■	S	I	R	■	T	A	E
■	■	■	R	O	W	■	L	T	D	■	C	E	N	T
O	A	S	I	S	■	C	U	E	■	A	U	R	A	S
K	N	I	G	H	T	E	R	R	A	N	T	■	■	■
A	N	T	I	■	H	A	I	■	P	A	L	A	T	E
Y	U	A	N	■	U	S	N	■	S	I	E	G	E	S
S	L	R	S	■	R	E	G	■	E	S	T	A	T	E

Interactive Crossword

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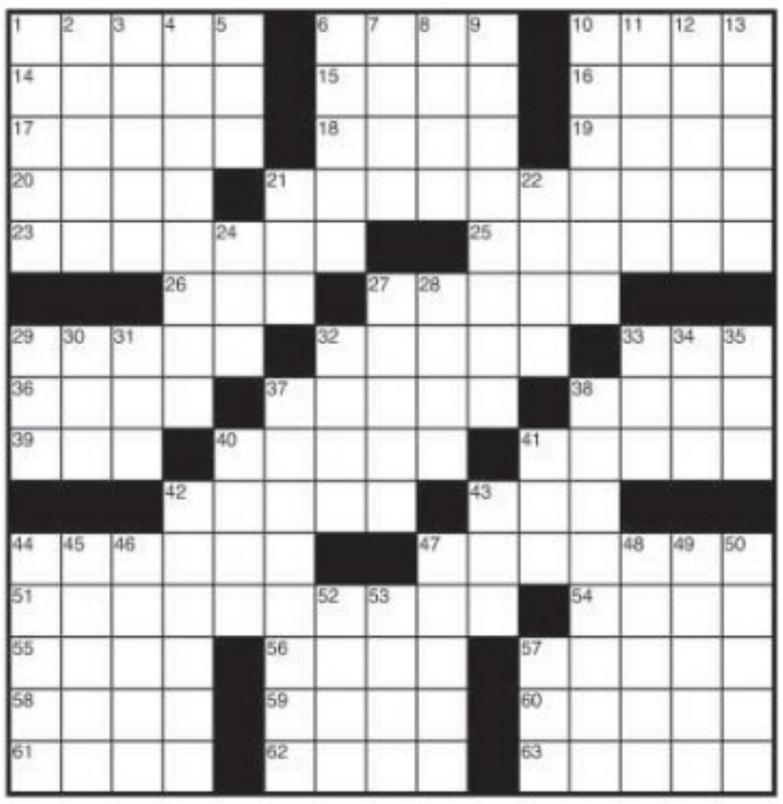

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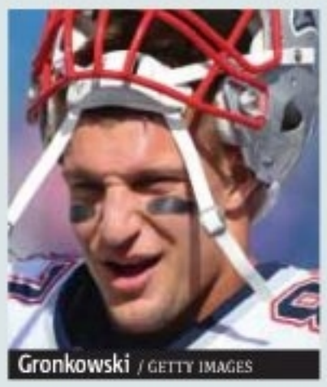
Making strides



Gronkowski / GETTY IMAGES

Gronkowski continues to improve

A struggling Patriots offense got its best news yet yesterday when Rob Gronkowski told reporters he was making "big time" progress in his recovery process.

But the All-Pro tight end would not speculate on whether he'll be ready to go in this week's game against the Buccaneers.

"I'm just day-to-day and progressing every week, and I've progressed significantly since last week," Gronkowski told reporters at practice.

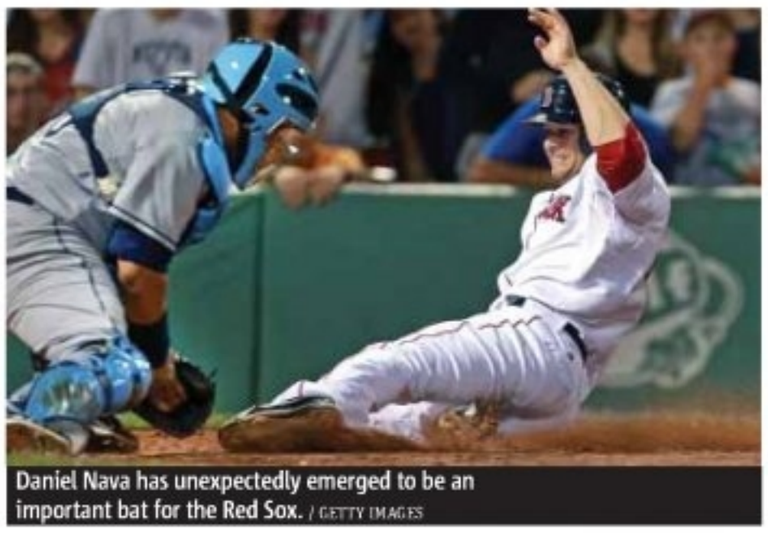
New England has scored a total of just 36 points in its first two games. The Pats are 21st in the league in passing yards.

Gronkowski, who led the Patriots with 11 receiving touchdowns in 2012, had back and arm surgeries during the offseason.

METRO

Red Sox winning games behind impressive depth

MLB. Boston has been able to count on their back-end starters and role players in the outfield when they needed them.



Daniel Nava has unexpectedly emerged to be an important bat for the Red Sox. / GETTY IMAGES

With the Red Sox on the verge of clinching the AL East this week, it's still a bit mystifying what has gotten them to this point, especially coming off a 69-win season in 2012.

They have no legitimate MVP candidates, no real superstars and are, by all accounts, just a bunch of average guys winning baseball games. But it's impossible for a team to have 90-plus wins and not have something they can define as their strength.

"[Depth] has been the key to this season," manager John Farrell said over the weekend. "Not to take anything away from the individual performances, but the depth has allowed us to go to a guy when someone needs a day or three. [General manager] Ben [Cherington] has put together a very good roster."

After starter Clay Buchholz went on the shelf for three months following a 10-1 start, things could have gone south in the starting rotation, but Felix Doubront and John Lackey stepped up and pitched beyond what was expected going into the year.

Doubront has gone 10-6 with a 4.15 ERA over 27 starts, but had a stretch where he allowed three earned runs or fewer in 16 straight starts. Despite his 9-12 record, Lackey has a 3.56 ERA and has been the victim of little run support in a number of starts.

The depth in the lineup is showcased in the outfield. Along with mainstays Jacoby Ellsbury and Shane Victorino, the team has platoon guys in Mike Carp and Daniel Nava having career years, and Jonny Gomes coming through with a number of clutch hits.

Out of all the outfielders in the AL with at least 200 at-bats, the Red Sox have four players in the Top 10 in batting average and on-base percentage.

Along with Ellsbury and Victorino, Nava is third in average (.303) and second in OBP (.389), while Carp is second in average (.305) and fourth in OBP (.369).

RYAN HANNABLE
sports@metro.us

3 SPORTS

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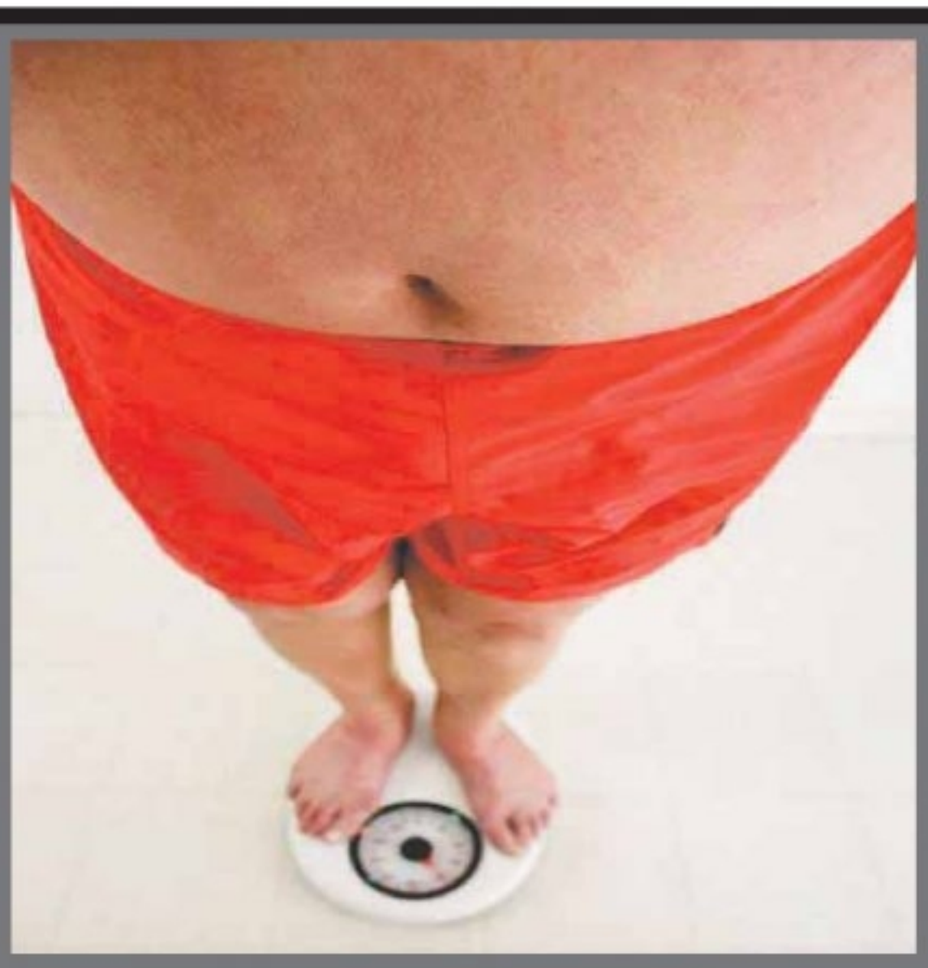

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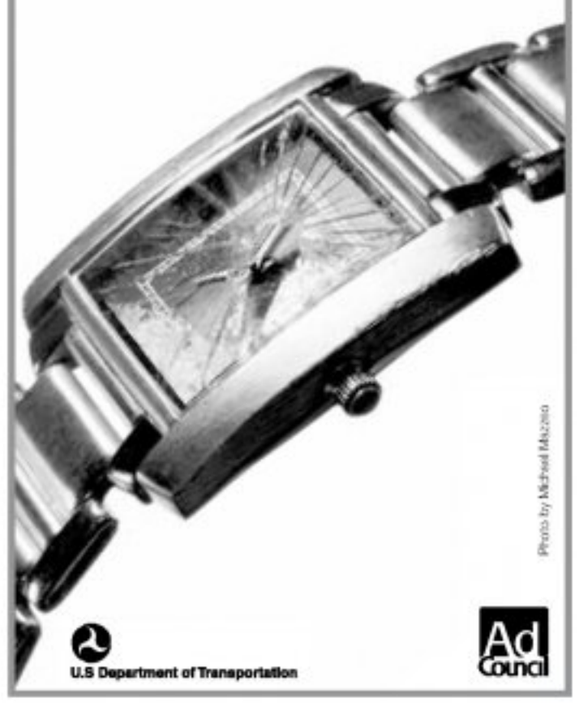

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